Comparing Resource Use and Outcomes between Patients with Ventricular Assist Devices and Orthotopic Heart Transplant in the United States from 2006-2017

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Background

- Heart Failure: 5.7 million Americans and increasing
 - 5-10% have end stage HF refractory to OMT→ life expectancy <2 yrs
- Limited availability of donor hearts
- Rapid growth in ambulatory VAD population (DT and BTT)
- Paucity of Data on ED Resource Utilization

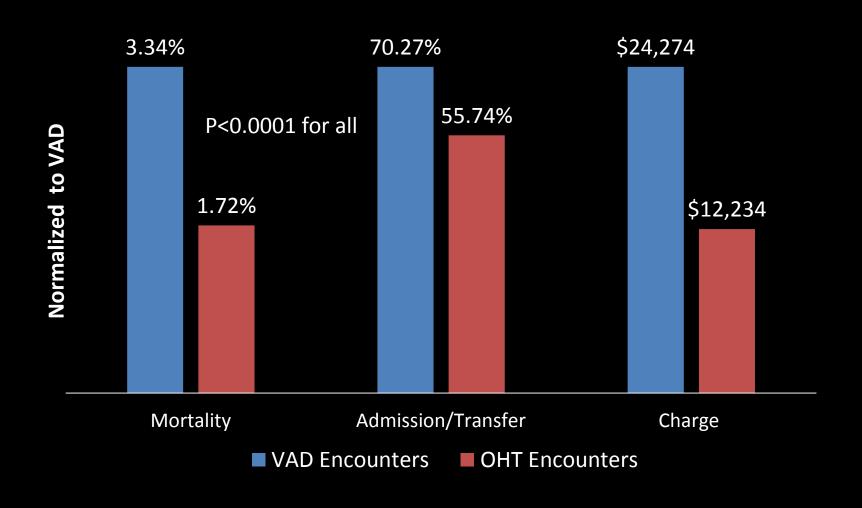
Study Aims

- Describe clinical and demographic characteristics of VAD and OHT ED patients
- Compare:
 - Mortality
 - Admission
 - Charge
- Evaluate changes over time

Methods

- Nationwide Emergency Department Sample (NEDS)
 - Healthcare Cost and Utilization Project (HCUP)
 - Administrative Claims Database
- Period: 2006 to 2016
- Patient encounters: identified using ICD9 and ICD10 codes

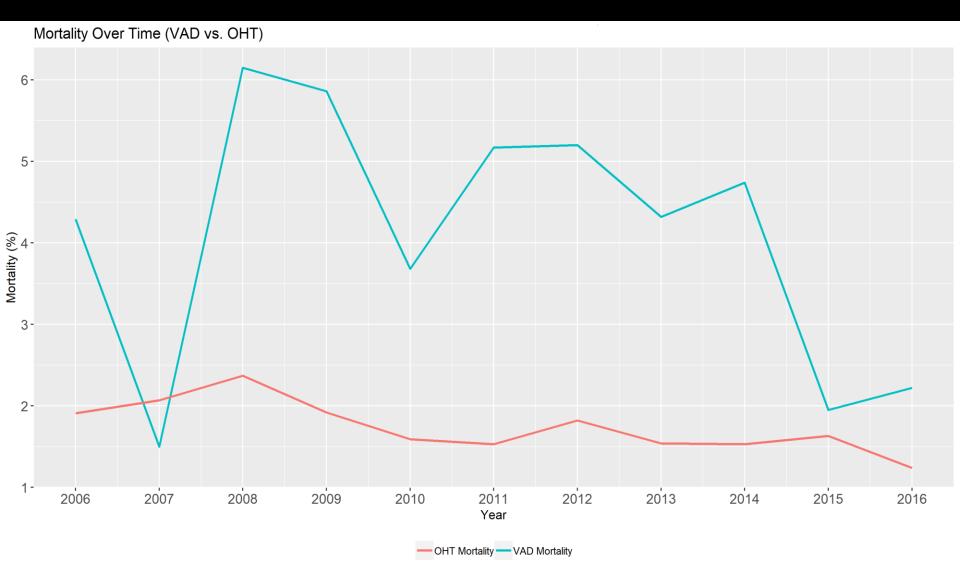
A False Equivalency



A False Equivalency

| Characteristic | | | |
|--------------------|-----------------|------------------|---------|
| Male | 26,640 (73.11%) | 124,621 (69.70%) | 0.0002 |
| Patient Age | | | <0.0001 |
| 18 – 44 years | 5,679 (15.58%) | 40,299 (22.54%) | |
| 45 – 64 years | 15,940 (43.75%) | 69, 530 (38.88%) | |
| ≥ 65 years | 14,819 (40.67%) | 68,987 (38.58%) | |
| Chronic Conditions | | | |
| Dialysis-dependent | 736 (2.02%) | 9,219 (5.16%) | <0.0001 |
| Depression | 3,881 (10.65%) | 13,231 (7.40%) | <0.0001 |
| COPD | 2,616 (7.18%) | 4,706 (2.63%) | <0.0001 |
| Primary Diagnosis | | | |
| Stroke | 2,168 (5.95%) | 3402 (1.90%) | <0.0001 |
| Bleeding | 6,587 (18.08%) | 6821 (3.81%) | <0.0001 |
| Infection | 4,773 (13.10%) | 42430 (23.73%) | <0.0001 |
| GI | 2,137 (5.87%) | 20346 (11.38%) | <0.0001 |

A False Equivalency?



VAD vs OHT Summary

- Patients with VADS
 - Higher mortality
 - Higher resource utilization
 - Older
 - Present with bleeding, stroke rather than infection, GI
- Despite these differences, mortality is converging with OHT